Australian Rules Football 2015
Clay McLernon

100 WAFL League games

2011 League Premiership Claremont

2012 Reserves Premiership Claremont

2013 Claremont League assistant Coach (Backline)

2015 Claremont League assistant Coach (Forwards)

Level Two Coach

DRSC Coordinator and head coach of Australian Rules football 2009-13,15
Shaun Clifford

WAFL League player with Perth and Subiaco Football Club

DRSC Coordinator and head coach of Australian Rules for 2014

DRSC Assistant coach 2013

Perth Colts Assistant coach 2015 (Backline)

Level 2 AFL Coach
James Embley

2012 finalist in the ‘Young teacher of the Year award’

WAFL Colts premiership player 2007

WAFL Reserves premiership player 2014

Ellenbrook Secondary College Coach and year 7 competition coordinator (2012-2014)

WAFL League and Reserve player at Swan Districts FC and West Perth FC (2008-2014)

Swan Athletic Football Club coach 2015

Level 2 Coach
Sports Academy Aim

Australian Rules Football college students, both elite and development have the opportunity to participate and achieve to their own levels and goals whilst being provided education about the holistic approach to leading a healthy lifestyle.
Commitment

• Wearing of the Sports College Uniform
• Highly recommended to play outside of school in an Australian Rules Football competition
• Attend Interschool carnivals/competitions
• Primary School umpiring when required
• Keep up to date with work and assessments in all classes
• Ensure compliance with behaviour and Uniform policy (Pods)
• Ensuring skills, game performances and fitness results are followed as per year group marking keys
• Payment of Sports College Fees - To show you value the program
Class Structure Per Week

Year 7/8/9
2 AFL Sessions
2 theory Sessions
(1 prac and 1 theory)

Year 10/11/12
2 AFL Sessions
Theory sessions turn into PE Studies (1ab,2ab or 3ab) or cert III in Sport
Assessment

Lower School

• Skills - Mock WACE Exam

• Game Performance

• Strategies and Tactics

• Fitness testing Yoyo, VJ, 20m sprint and Agility

• Self Management and Interpersonal Skills
Upper School

- Skills- Mock WACE Exam 10%
- Game Performance 10%
- Strategies and Tactics 10%
- Fitness testing Yoyo, VJ, Agility, 20m sprint
Selection Process 2015

- Trials will be run three times a year in terms 1, 2 and 3
- A fitness and skills component will be assessed along with a thorough overview of the students primary school report.
- Please help us market our AFL program by advertising at your local primary schools and local clubs
- Dates for trials will be finalised shortly and will be sent out through email.
Competitions

• Year 7 - 1 scratch match, 4 week round robin competition, Umpiring course, lightning carnival and two specialist super clinics.

• Year 8/9 - 2 scratch matches, Umpiring course, 8/9 Eagles Cup (During term 2/3 and will be split into an ‘A’ team and a ‘B’ team) They will also participate in two specialist super clinics.

• Year 10 - 2/3 scratch matches, Yr 10 Schoolsport zone carnival and Grand final day, Involved in upper school competition in Term 2/3. St Kilda Talent scout guest speaker. Two Specialist Super Clinics, tour of West Coast Eagles Facilities, Kings Park fitness session and Beach recovery.

• Year 11/12 - 2/3 scratch matches, Upperschool competition WAFC Schoolboys Cup (in Term 2/3 and will be split into an ‘A’ team and ‘B’ team), two specialist Super Clinics, tour of Fremantle Dockers facilities and Guest speaker from West Coast Eagles Talent Scout.
Extra Opportunities
Extra opportunities
Melbourne Tour 2015
Mitch Brown

• Yr 12 Sports College Captain
• DRSC Australian Rules Football Captain
• Perth 16s Vice Captain 2014
• Perth Colts 2015
• ATAR Pathway
• Played in three championships
• Melbourne Tour 2013
Parent Involvement
Parent Support Group

• Meeting Once a term Maximum

• Discuss and share ideas about the program, fundraising goals for the future

• Please email me if you are interested in helping out and any special skills you may possess

• Supporting the athlete and the student

• Support for the college and the programs

• Positive messages outside of the school, happy families are our best advertising.

• Email Contacts
Contact Details

Clay McLernon - Coordinator and Head Coach
clay.mclernon@education.wa.edu.au or 94530100

Shaun Clifford - Coach
shaun.clifford@education.wa.edu.au or 94530100

James Embley - Coach
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Ken McGee - Director Of Sport
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