

Emergency and consultation contacts for parent/guardian/student support

Emergency and consultation contacts for parent/guardian/student support	Contact numbers
Urgent mental health telephone support for children and families (Under 18 years - 24 hours - 7 days)	1800 048 636
Mental Health Emergency Response Line (MHERL Metropolitan)	1300 555 788
Family Help Line	9223 1100
Kids Help Line	1800 551 800
Lifeline	13 11 14
Parenting WA Line	6279 1200
Suicide Call Back Service (24 hours)	1300 224 636
Sexual Assault Resource Centre (24 hours)	1800 199 888
SARC – Sexual Assault, Family & Domestic Violence Counselling (24 hr)	1800 737 732
Drug and Alcohol Support Line (24 hours)	9442 5000
Gay and Lesbian Counselling Service	9420 7201
Crisis Care (24 hours)	9223 1111
Bullying Emergency Hotline (24 hours)	1800 028 559
Police (24 hours)	13 13 15

Websites	
www.headspace.org.au (Health & Wellbeing)	www.lifeline.org.au (Suicide/Crisis support)
www.reachout.com.au (Health & Wellbeing)	www.qlife.org.au (LGBTI support)
www.sane.org (Mental Health Support)	www.drugaware.com.au (Drug Awareness)
www.beyondblue.org.au (Mental Health Support)	www.bzaf.org.au (Bullying Zero Foundation)
www.kidshelp.com.au (Health & Wellbeing)	www.bullyingnoway.gov.au (Bullying No Way)
www.suicidecallbackservice.org.au (Suicide/Mental Health Support)	

Telephone 000 for emergencies

Under 16 years old, present to Perth Children’s Hospital emergency department, 24 hours.

Over 16 years old, present to any local hospital emergency department, 24 hours.

People of any age in country areas, attend local hospital emergency department, 24 hours.

